



September 28th

Saturday 2:00pm
Christiansburg Elementary



**First 100 to register
receive a T-shirt!****

Come Run with the Pack!

Registration: Event	Children (Ages 0-15)	Adults (ages 16 & up)	Middle/High School Team Discount	Race Day
5K Run/Walk	\$10	\$20	10 or more from your team and register for \$7 per runner. One check please.	Same fee as race day.
Fun Run (Less than 1 mile)	\$5	\$5		Same fee as race day

Event Schedule:

- 1:00- 1:45pm - Packet Pickup & Registration @ CES
- 2:00pm - Fun Run Start
- 5K Begins **immediately following the Fun Run**

*Cash or checks only. Payable to Christiansburg Elementary PTA with the participants name in the memo section.

Event Info:

The Coyote 5K & Fun Run is an annual event and takes place each year at Christiansburg Elementary School. The course is an established cross-country course (grass & pavement). The event is a fundraiser with all money collected to support student activities at CES. Special thanks to CES PTA Just Run Club and local businesses for sponsoring this fun event!!

Name: _____ Age on race day: _____ Gender : M / F

Address: _____ City/St/Zip: _____

Email: _____ Phone: () _____ - _____

Event: (Circle) 5K / Fun Run Shirt size: (Circle) YL / S / M / L / XL

In consideration of being permitted to participate in the 2019 Coyote 5K&Fun Run, I do hereby for myself, my heirs, executors, administrators and assignees, release and forever discharge the 2019 Coyote 5K&Fun Run and Christiansburg Elementary School and their respective offices, employees, agents, subsidiaries and affiliates, all sponsors, the Town of Christiansburg, Montgomery County, the Commonwealth of Virginia and all those persons involved in organizing and manning this event from all claims, demands, losses, damages, actions, causes of action of suits whatsoever kind of nature, arising out of my participation in the 2019 Coyote 5K & Fun Run. I hereby grant full permission to any and all of the above parties to use my photographs, videotapes, motion pictures, website images, recordings or any other record of this event. Furthermore, I also agree that I have appropriate health care coverage for this activity.

**T-shirts while supplies last.

Signature (Guardian if under 18): _____ Date: _____

Send Entry Forms to: Eileen Alwang at Christiansburg Elementary School

Attn: Eileen Alwang / Christiansburg Elementary / 160 Wades Lane / Christiansburg, VA 24073 / EileenAlwang@mcps.org